UU Buddhist Meditation & Study Group UUSG's Buddhist Meditation & Study Group will soon begin a new book entitled, "America's Racial Karma: An Invitation to Heal" by Larry Ward. Dr. Ward is a senior teacher in the Plum Village tradition of the late Zen Master Thich Nhat Hanh. He also earned a PhD in Religious Studies, focused on Buddhism and the neuroscience of meditation. Dr. Ward's work focuses on non-violent social change, healing, and transformation. For more information, see the "About" section of his website. Join us on Zoom on Wednesday, 8/17 at 7pm, for a podcast with the author and on Wednesday, 9/7 to begin discussing the book. For more information, contact Lisa Gades (uubuddhism@uusg.org).

**Please join us Sundays**, 6-7 PM, in the UUSG Common Room, for guided meditation and Dhamma Talk with Blue Lotus Temple monastics.

August 22, 7-8pm Monday Movie: "Can We Cool the Planet?" Join us on zoom for a discussion about research on solutions for climate change. The Monday Movie for August 22, will present segments of "Can We Cool the Planet?" a NOVA program describing research being conducted by scientists who are working on solutions: removing CO2 from the atmosphere, recycling CO2 into usable products, and investing in trees, grass, and compost. After each segment, we will discuss the promise of each approach. (Links in email)

### **Contact Information**

Rev. Scot Hull, Minister

minister@uusg.org; 630-232-2350, ext. 103 **Christine Imielski,** Congregational Administrator

office@uusq.org; 630-232-2350, ext. 100

**Lisa Rittenberry**, Administrative Assistant

admin.assistant@uusg.org; 630-232-2350, ext. 101

Becky Hruby, Director of Religious Education

DRE@uusg.org; 630-232-2350, ext. 104

Nancy Christensen, Board President

boardpresident@uusg.org

Cynthia Spiegel, Music Director

music@uusg.org

**Jeff Stibal,** Technical Director

techdirector@uusg.org

### **Today & This Week at UUSG**

uusg.org/calendar

Sunday, August 14 Worship Service 10am6:00 PM Blue Lotus Buddhist Meditation

Monday, August 15

Tuesday, August 16

7:00 PM Board of Directors -online
7:00 PM The Inclusion Book Club -online

Wednesday, August 17

 4:00 PM Heritage Team Meeting
7:00 PM UU Buddhism Meditation & Study Group -online
7:00 PM Facilities Team Meeting

Thursday, August 18

Friday, August 19

8:00 AM Facilities Team Work Day

Saturday, August 20

8:00 AM Facilities Team Work Day6:30 PM UUSG Youth Movie Night

Sunday, August 21

Worship Service 10am

11:30 AM Veterans Group Meeting
6:00 PM Blue Lotus Buddhist Meditation

**Thanks!** The Social Justice Team appreciates the time and talents of the following people who prepared food for Lazarus House Homeless Shelter in August: Lucinda Connelly, the Clements Family, Cindy Duckworth, Winelle Glaser, Holly Orcutt, Page Poris, Llona Steele, Gail Tattersfield, and Molly MacKay Zacker.

## **Welcome to This House!**



# **Unitarian Universalist Society of Geneva**

August 14, 2022

**Today's Worship Team** 

In the Pulpit: Jay Cohen and Terry Kinsey from

Unity Temple in Oak Park

Worship Associate: Kathy McFadden

Musicians: Michael Mackey, Tracey McFadden, Kristin McFadden, Linda O'Neill, Christopher Stibal Technical Directors: Jeff Stibal, Jamie Carroll, Cari Gesiakowski, Doreen Rose Mace, Scot

Dotson

**Upcoming Services:** 

Sunday, August 21: DEI Ministry Team Service

Sunday, August 28: Green Sanctuary Team Service

**Order of Worship** 

**Bell Ringing** 

**Call to Worship** 

Opening Hymn #1031 "Filled with Loving Kindness"

**Welcoming Words** 

Introit "Wondering Where the Lions Are," Bruce Cockburn

**Chalice Lighting** 

**Song of Praise** 

#### Covenant

Being desirous of promoting practical goodness in the world, And of aiding each other in our moral and religious improvement,

We have associated ourselves together -

Not as agreeing in opinion,

Not as having attained universal truth in belief

Or perfection in character -

But as seekers after truth and goodness

**Doxology** 

**Passing the Peace** 

**Testimonial** 

Joys & Sorrows - Holding Each Other

Responsive Music "93 Million Miles," Jason Mraz

Sermon Part I Importance of Having a Practice

Hymn #1009 "Meditation on Breathing"

Sermon Part II "Creating Spaciousness"

**Offertory** "Douglas Traherne Harding," The Incredible String Band, Thomas Traherne with Mackey variations

**Chalice Extinguishing** 

**Benediction** 

Sending Music "Peace, Love and Happiness," G. Love

### **Announcements**

Guests in the Pulpit: Terry Kinsey and Jay Cohen from Unity Temple in Oak Park will be our guest speakers. Terry will describe the importance of a mindfulness practice and how it has led him to lead a more ethical and peaceful life. Jay will tell us how his mindfulness practice has provided him with spaciousness for deeper acceptance, peace, and wisdom. Terry developed an Introduction to Buddhism class for Unity Temple and he founded the Mindful Reflection Community, a mindfulness group that meets every morning for meditation and on Tuesday evenings for a longer program. Jay Cohen is one of the facilitators of the Mindful Reflection Community, has given dharma talks using a combination of Buddhist wisdom and western psychology, and co-created a class this year titled "Radical Compassion."

Nursery Caregivers Needed Do you like babies and children? Join our nursery staff and get paid doing what you love! Hours are 10:15-12 on Sundays. Pay is \$26 per shift. Min. age 18. Hiring 2-3 people (2 caregivers work each shift). Please spread the word and contact <a href="mailto:DRE@uusg.org">DRE@uusg.org</a> to inquire.

UUSG's Annual Homecoming Picnic! Come join your UUSG Community at Wheeler Park Pavilion on Sunday, September 11, at 12:30 PM for food, fun, music, and games. Fried chicken is provided. Sign up at <a href="mailto:uusg.org/picnic"><u>uusg.org/picnic</u></a> by September 4. Questions? Contact Jamie Carroll at <a href="mailto:picnic@uusg.org"><u>picnic@uusg.org</u></a>.

**Social Justice** 

**September 3, 5:30-7PM:** Deliver casserole and salad for 12 to Lazarus House Homeless Shelter. <u>uusg.org/lazarus-house</u>.

**September 17, 9-12:** Help the Hungry by Packing Food Children ages 8 and up are welcome to volunteer with parent. Sign up at <a href="https://uusg.org/food-bank-signup"><u>uusg.org/food-bank-signup</u></a>.

**September 22, 9-10 AM:** Take lunch items to the Soup Kitchen in Aurora. Sign up at <u>uusg.org/soup-kitchen</u>.

**UUSG Auction 2022** Please mark your calendar for an exciting and entertaining evening! Our UUSG auction is Saturday, November 5! We are in need of "experience" donations – a night at a cottage, teaching bridge or pickleball, for example. Please contact Jenny Montgomery and Molly MacKay Zacker at <a href="mailto:auction@uusg.org">auction@uusg.org</a> to add your fun event to our auction items!

August 'Beyond Our Walls' Hesed House in Aurora is a national model for ending homelessness – one person, one family at a time. They are the second-largest homeless shelter in the State of Illinois, and the largest shelter outside of the city of Chicago. The culmination of nearly three decades of strategic evolution. Their highly skilled professionals collaborate to provide the tools necessary to help individuals and families break free of the shackles binding them to homelessness. With the help of professional staff, alliances with outside agencies over a thousand people are served through Hesed House's shelter and three housing programs annually. At their Comprehensive Homeless Resource Center, people receive support related to housing, support systems, life skills, legal issues, physical/emotional abuse, mental/physical health, and much more.

A New Marketing Initiative for UUSG You may have noticed an uptick in new content on our social media channels--and if you haven't, check it out! This is part of our new social media marketing initiative, and we would love your help. If you are at a UUSG event, meeting, or group outing, take a few photos or short videos and send them to Christine at <a href="mailto:office@uusg.org">office@uusg.org</a> so that she can post them on our social media and/or use them in our publications. Thanks for helping us to get the word out about what a wonderful community we have here!

Facebook: facebook.com/uusg1

Instagram: instagram.com/uuofgeneva/

YouTube: <u>uusg.org/youtube</u>

Sister Suppers deadline to sign up is Today! Taking place in September, October, and November, these suppers are small, lively home gatherings that help us get to know one another better over a shared meal. Hostesses open their homes to five participants, each of which brings a dish to share. They provide wonderful opportunities for connecting & reconnecting with other women within the UUSG community. More details and sign up at <a href="https://www.usg.org/sister-suppers">uusg.org/sister-suppers</a>.